

Dates: 11th Nov, 2nd Dec, Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit

| | WEEK ONE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|----------------------|--|--|--|---|--|
| | Main Meal Option 1 | Tomato, Baked Bean & Spiral Pasta Bake | Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges | Roast Chicken with Gravy, Stuffing & Roast Potatoes | Red Tractor Beef Pasta Bolognese & Garlic Bread | MSC Fish Fingers With Chips & Tomato Ketchup |
| | Vegetarian Option 2 | Cheese & Tomato Pizza with Tomato Pasta Salad | Cheese & Onion Pastry Roll with Skin on Baked Wedges | Plant Based Sausage with Gravy, Stuffing & Roast Potatoes | Cheese Flan with Skin on Baked Potato Wedges | Crispy Vegetable Fingers With Chips & Tomato Ketchup |
| | Vegetables | Broccoli/Cauliflower & Carrots, Sweetcorn | Red Tractor British Peas, Baked Beans | Broccoli/Cauliflower & Carrots | Broccoli, Carrots & Cauliflower Sweetcorn | Baked Beans British Red Tractor Garden Peas |
| | Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | |
| B | aked Jacket Potatoes | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise, Salmon Mayonnaise or Cheese or Beans |
| | Dessert | Chocolate Mousse and Orange Smiles | Homemade Jam Buns & Custard | 'Hidden Fruit 'Chocolate, (Beetroot & Pear) Brownie | Fruity Strawberry Jelly & Mandarin Segments | Vanilla & Cherry Cookie Cup & Custard |



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Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.













Autumn / Winter 2024/2025 - Week Two

Dates: 18th Nov, 9th Dec, 30th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar; 14th Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit

| | WEEK TWO | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|-----------------------|---|---|---|---|---|--|
| | Main Meal Option 1 | Cheese & Tomato Pizza with Tomato Pasta Salad | Red Tractor Pork Sausage with Mashed Potatoes & Gravy | Roast Gammon with Gravy, Yorkshire Pudding & Roast Potatoes | Garlic & Tomato Chicken Pasta Spirals | MSC Fish Fingers With Chips & Tomato Ketchup | |
| | Vegetarian Option 2 | Potato, Spinach & Cheese Toasted Wrap with Tomato Salsa | Plant Based Sausage with Mashed Potatoes & Gravy | Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes | Garlic & Tomato Vegetable Pasta Spirals | Cheese & Onion Pastry Roll with Chips & Tomato Ketchup | |
| | Vegetables | Baked Beans or British Red Tractor Garden Peas | Broccoli/Cauliflower & Carrots | Broccoli/Cauliflower & Carrots, Sweetcorn | Broccoli/Cauliflower & Carrots | Baked Beans, British Red Tractor Garden Peas | |
| | Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | | |
| • | Baked Jacket Potatoes | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | |
| | Dessert | Apple & Sultana Crumble Bar with Custard | Iced Carrot Cake & Orange Slices | Chocolate Shortbread/ Pinwheels with Chocolate Sauce | Toffee Cream Tart | Chocolate Oaty Slice | |









Our desserts meet Public Health England's target for 'free sugar' intake for your child.

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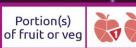




Autumn / Winter 2024/2025 - Week Three ?

Dates: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31 Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit

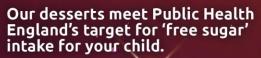
| | WEEK THREE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|-----------------------|---|---|---|---|---|--|
| | Main Meal Option 1 | Cheesy Pasta Spirals with Pizza Style Topping | Beef Lasagne with Garlic & Tomato Bread | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes | Beef & Potato Pie with Mash | MSC Fish Fingers With Chips & Tomato Ketchup | |
| | Vegetarian Option 2 | Cheese & Tomato Pizza with Tomato Pasta Salad | Vegetable Lasagne with Garlic & Tomato Bread | Quorn Grill with Gravy, Stuffing & Roast Potatoes | Cheese, Onion & Potato Pie with Mash | Plant-based Sausage with Chips & Tomato Ketchup | |
| | Vegetables | Broccoli/Cauliflower & Carrots & Sweetcorn | Sweetcorn & Carrots | Broccoli/Cauliflower & Carrots | Baked Beans, British Red Tractor Garden Peas | Baked Beans, British Red Tractor Garden Peas | |
| | Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | | |
| • | Baked Jacket Potatoes | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | |
| | Dessert | Lemon Cupcake with Fruit Slices | Chocolate Cookie & Orange Wedges | Chocolate Crunch 'Concrete' & Chocolate Sauce or Pink Custard | Strawberry Mousse | Lemon Drizzle Cake with Custard | |











Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

