Spring Summer 24


| WEEK ONE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option 1 | Cheese Pizza served with Garlic Bread | All Day Pork Sausage Breakfast served with Baked Beans \& Hash Brown Tots | Chicken Pie \& Mashed Potatoes | Coconut Chicken Curry served with Rice | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal Option 2 | Creamy Vegetable Penne Pasta Carbonara | All Day Veggie Sausage Breakfast Served with Baked Beans \& Hash Brown Tots | Veg mince \& Vegetable Pie (Ve) served with Mashed Potato | Cauliflower Cheese \& Pasta Bake | Cheese Flan Served with Chips \& Tomato Ketchup |
| Baked Jacket potatoes | Jacket Potato with Cheese or Tuna Mayonnaise or Beans |  |  | Jacket Pot with Cheese or Tuna Mayonnaise or Beans or including Salmon Mayonnaise for Oily Fish | Jacket Pot with Cheese or Tuna Mayonnaise or Beans |
| Sandwiches | Freshly Made Sandwich with Cheese, Tuna Mayonnaise or Ham |  |  |  |  |
| Street Food y6 |  | Baked bean \& Cheese Panini with Home Made Skins on Wedges |  |  |  |
| Schools Option |  | Jollof Rice |  | Jollof Rice |  |
| Vegetable Selection | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad |
| Dessert | Marble Sponge \& Custard | Chocolate Shortbread Biscuits | Iced Banana Traybake | Oat Cookie | Chocolate Ice Cream |

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Our desserts meet Public Health
Portion(s)
of fruit or veg

## Source of wholegrain

| Contains |
| :---: | :---: |
| plant-based |

 England's target for 'free sugar' intake for your child.
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'fiee sugar' intake.


Spring Summer 24

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22 \text { Apr, } 13 \text { May, } 3 \text { June, } 24 \text { June, } 15 \text { July, } 5 \text { Aug, }
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Da Fresh Bread \& Fresh Fruit

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 intake for your child.
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using School Food Standards using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'fiee sugar' intake.


Spring Summer 24 - Week Three
29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug

WEDNESDAY Roast Chicken Dinner Served with Potatoes

Gently Spiced Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous (Ve)


| THURSDAY | FRIDAY |
| :---: | :---: |
| BBQ Chicken \& Vegetables <br> served <br> with Noodles | Friday Fish Fingers <br> served with Chips <br> \& Tomato Ketchup |
|  <br> Noodles | Homemade Cheese Pizza Whirl <br> \& Chips |
| 4\% |  |

Sandwiches
Baked Jackets potatoes Jacket Potato with Cheese or Tuna Mayonnaise or Beans

| Street Food Y6 |  | Cheesy Beans Pitta Pocket |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Schools Option |  | Jollof Rice |  | Jollof Rice |  |
| Vegetable Selection | Selection of Daily Vegetables <br> \& Mixed Fresh Salad |  <br> Mixed Fresh Salad |  <br> Mixed Fresh Salad |  <br> Mixed Fresh Salad |  <br> Mixed Fresh Salad |
| Dessert | Baked Apple Sponge | Tutti Frutti Jelly (Ve) | Freshly Baked Vanilla Cookie <br> (Ve) |  <br> Yoghurt Cake | Homemade Flapjack (Ve) |

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Source of wholegrain

Contains plant-based proteins

50\% $50 \%$
fruit
 England's target for 'free sugar' intake for your child.
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