

## **ASTON HALL JUNIOR & INFANT SCHOOL**

Church Lane, Aston, Sheffield, S26 2AX

0114 287 9811

**HEADTEACHER:** Mr S Holmes

Dear Parent/Carer,

Over the next couple of weeks, Year 6 will be completing a unit of work on puberty, relationships and sex education, linking to both the Y6 science and PSHE curriculum.

We believe this learning is vital in order to ensure children are fully informed and prepared for their journey through life.

Mrs Booth has recently posted information on Dojo about how this looks across school but as this goes into slightly more detail in Y6, we wanted to share more specific information with you.

Throughout this unit, the children will be learning about the following things-

- Changes to the body in both boys and girls during puberty (recap Y5 learning)
- Identity and body image
- Relationships (including healthy and unhealthy relationships)
- An understanding of how babies are made and reproduction
- Consent and boundaries, learning about the differences between appropriate and inappropriate or unsafe physical, and other, contact.
- Understand what happens between conception and birth
- Online safety relating to sex and relationships education (including sharing inappropriate images and viewing inappropriate content etc)

Lessons will involve lots of discussion, viewing a series of short film clips and PowerPoints, where the children will be able to ask questions that they may have. If you would like further information, please get in touch.

Parents have the right to request that their child be withdrawn from some sex education delivered as part of statutory Relationships and Health Education. (DJE Guidance p.17) If you wish to withdraw your child, please inform their class teacher.

Kind Regards,

Miss Cochrane, Miss Ellis and Mrs Booth (PSHE lead)